

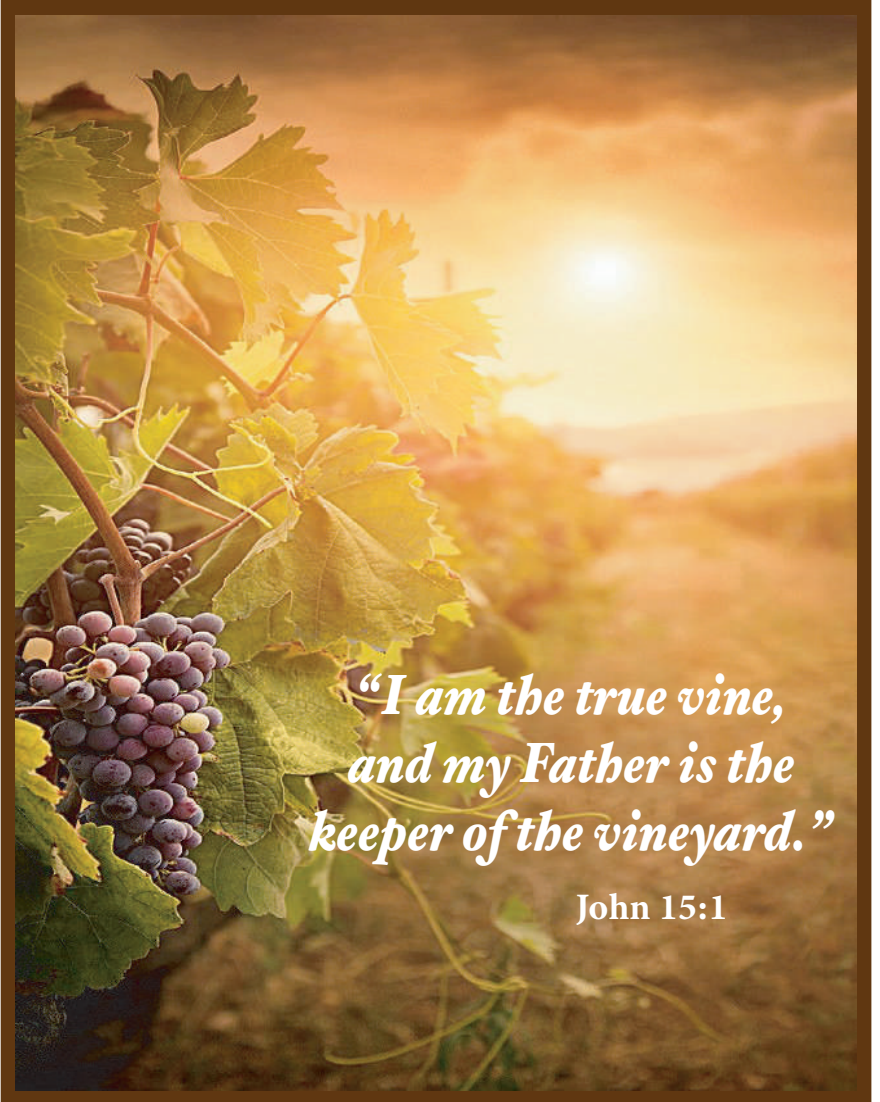


# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

## Memorare

Remember,  
 O most gracious  
 Virgin Mary,  
 that never was it known  
 that anyone who fled to  
 your protection,  
 implored your help,  
 or sought your intercession  
 was left unaided.  
 Inspired by this confidence,  
 I fly to you,  
 O Virgin of virgins,  
 my mother;  
 to you I come,  
 before you I stand,  
 sinful and sorrowful.  
 O Mother of the Word Incarnate,  
 despise not my petitions,  
 but in your mercy,  
 hear and answer me.  
 Amen.



*“I am the true vine,  
and my Father is the  
keeper of the vineyard.”*

John 15:1



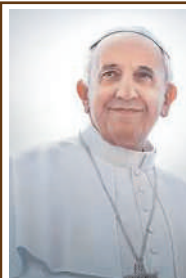
### Thoughts of Blessed Francis Jordan

We should renew our apostolic spirit on this day - that spirit which animated the apostles and accomplished such great things for the honour of God and the salvation of souls...

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church

### SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



### POPE FRANCIS' PRAYER INTENTION FOR APRIL

#### *For The Role of Women*

Let us pray that the dignity and worth of women be recognised in every culture, and for an end to the discrimination they face in various parts of the world.

## MASS TIMES

### SACRED HEART CHURCH

1 Keenan Street, Mona Vale

#### WEEKDAY MASSES

Tuesday 9.30am  
*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass*

Wednesday 9.30am  
 Thursday 7pm  
*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm*

Friday 9.30am  
*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

#### WEEKEND MASSES

Saturday Vigil 5.00pm  
 Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION  
 4.00pm to 4.30pm Saturday

Baptism  
 4th Sunday - 11.30am

### MARIA REGINA CHURCH

7 Central Road, Avalon

#### WEEKDAY MASSES

Monday 8am  
 Wednesday 8am  
 Thursday 10am  
*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*  
 Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

#### WEEKEND MASSES

Saturday Vigil 6.00pm  
 Sunday 9.00am

RECONCILIATION  
 Before Vigil Mass on Saturday  
 BAPTISM  
 3rd Sunday - 11.00am

## We Pray for

### Deceased Anniversary

Jela Vozzo

May their Souls and the Souls of the Faithful Departed, Rest in Peace. Amen.

### Recently Deceased

Sean O'Sullivan

### Prayer for the Sick

Anna Śmigowska  
 Nick Moullakis  
 Bill Eyre  
 Brian Gregan  
 Marcia Bailey  
 Bec Burroughs  
 Margaret De Landre  
 Matt Ukishima  
 Maureen Larios  
 Denise Wagner  
 Marco Sangiacamo  
 Elaine Boyes  
 Pauline Chipman  
 Brian Cranch  
 Sheila Upjohn  
 Anna  
 Svetlana  
 Leonor  
 Sofia  
 Xi  
 Mother Pauline  
 George

## BOOK REVIEW

Medjugorje  
 The Message  
 by: Wayne Weible



You will discover the apparitions of the Blessed Mother along with him, as he chronicles the ways that the Virgin Mary continues to speak to the world today from Medjugorje.

# Jesus

And this is the will of Him who sent Me, that everyone who sees the Son and believes in Him may have everlasting life; and I will raise him up at the last day."  
 John 6:40

### Liturgy for the Week

29/04 Monday, 5th Sunday of Easter  
 Acts 14:5-18; Jn 14:21-26

30/04 Tuesday, 5th Sunday of Easter  
 Acts 14:19-28; Jn 14:27-31

01/05 Wednesday, 5th Sunday of Easter  
 Acts 15:1-6; Jn 15:1-8

02/05 Thursday, 5th Sunday of Easter  
 Acts 15:7-21; Jn 15:9-11

03/05 Friday, Sts Philip & James  
 1 Cor 15:1-8; Jn 14:6-14

04/05 Saturday, 5th Sunday of Easter  
 Acts 16:1-10; Jn 15:18-21

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



## Vinnies

## MONA VALE CLOTHING BINS

The Vinnies clothing bins have been removed from the Mona Vale parish grounds due to excessive waste residue and untidiness. Clothing donations can now be made at our Newport Vinnies Store located at 359 Barrenjoey Road, Newport (near the pedestrian crossing). We appreciate all clothing donations and thank you for your ongoing support.

## UPDATE FROM THE SACRAMENTAL COORDINATOR

### Sacrament of Confirmation

Maria Regina Church, Avalon  
Saturday, 22 June 2024 at 6:00 pm

or

Sacred Heart Church, Mona Vale

Sunday, 23 June 2024

at 10:00 am and 12 noon

*Children in Year 3 and above are eligible to receive the Sacrament of Confirmation if they have been baptised.*

**They should also reside within**

**the Catholic Parish of Pittwater catchment area.**

For more information about the requirements, the preparation program, enrolments, etc., you **MUST ATTEND ONE** of the following

Parent Information & Commitment Sessions

which will take place at 7:30 pm:

Thursday, 2 May - Maria Regina Church, Avalon

Monday, 6 May - Sacred Heart Church, Mona Vale

If you have any questions, or would like to become a facilitator of your child's preparation group please contact

Sonia at [sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)



## Parish Directory

### Pittwater Parish

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

### Parish Priest

**Fr Richard Sadowski SDS**

Tel 9157 0999 ext 10  
pp@pittwaterparish.org

### Assistant Priest

**Fr Zygmunt Smigowski SDS**

Tel 9157 0999 ext 12  
ap@pittwaterparish.org

### Parish Secretary

**Belinda Cimino**

Tel 9157 0999 ext 30  
office@pittwaterparish.org

### Administrative Assistant

**Shereae Knight**

Tel 9157 0999 ext 30  
office@pittwaterparish.org

### Director of Music

**Josh Willard**

Tel 9157 0999 ext 17  
music@pittwaterparish.org

### Media & Communications

#### Coordinator

**Conille Felias**

Tel 9157 0999 ext 31  
media@pittwaterparish.org

### Sacramental Coordinator

**Sonia Samartin**

Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

### CCD Catechist Coordinators

**Maureen Wooldridge**

Mobile 0421 907 469

**Veronica Thomas**

Mobile 0417 061 534

### Sacred Heart Church

1 Keenan Street Mona Vale  
**Maria Regina Church**  
7 Central Road Avalon

### MONA VALE

**Sacred Heart School**

Tel 8197 6900

**Principal: Mr Jamie Wahab**

### AVALON

**Maria Regina School**

Tel 7256 2138

**Principal: Ms Kirsty Thorpe**

### WARRIEWOOD

**Mater Maria Catholic College**

Tel 7256 2100

**Principal: Mr Marc Reicher**

## Community Forum



All are invited as we launch into the  
**Community Engagement phase of the Project**

11am - 12pm Saturday 4 May 2024

OLGC Catholic Primary School Hall, 11 Currie Rd, Forestville

### 4 May Community Forum

An in-person gathering for all in the community to hear what the data is saying, learn of the guiding themes and questions for consultation, and hear of the methodology that will be used to guide community listening and dialogue conversations.

All are invited as we launch into the Community Engagement phase of the Project.



**Register Here**

The Pastoral Discernment books are available at the back of both Churches, Sacred Heart, Mona Vale and Maria Regina, Avalon.  
Feel free to get a copy.

# SALVATORIAN SEMINARY APPEAL



**“For the glory of God and the salvation of souls, I intend and resolve to make every sacrifice, even of my own life, to promote and further the Society. I will always act in accordance with its purpose in the name of the Lord.”**

**- Blessed Francis Jordan**



**THANK YOU SO MUCH for your generous donations and on-going support to the Salvatorian Seminary Appeal. There are 12 candidates from East Timor who are in formation in the Philippines. This involves a programme of spiritual and academic training. These young men will eventually join us in Australia once they have completed their education.**

*Let us pray that the Holy Spirit fill their hearts with humility, meekness, prudence and a burning zeal for souls. Teach them to know and love the Church and that they may always speak, act and think with her. Amen.*

**Fr Richard and Fr Zygmunt celebrated ANZAC Day ceremony at Avalon RSL. A glorious day to commemorate the bravery and sacrifice of the men and women who risked their lives to protect our country.**



*Lest we Forget*



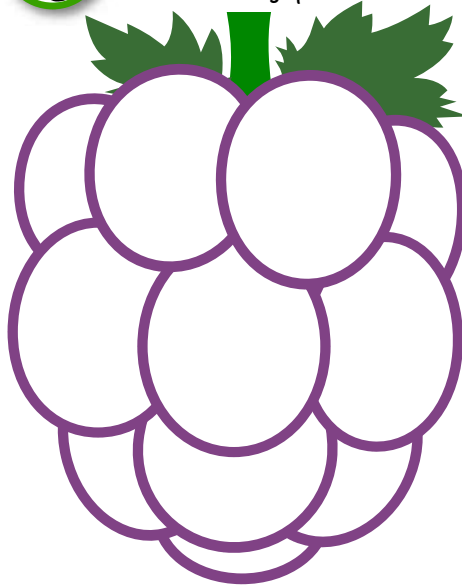
# I am the vine and you are the branches

5th Sunday of Easter, Year B

Who are some people in your community who are like branches of the vine? On each branch, write down a name and how they contribute their 'fruit' to the community.



Jesus says that we must be fruitful disciples. What are some of the ways that you can be a disciple to Jesus? Write or draw your answers inside the grapes.



Can you work out which of these three branches is the one bearing fruit?



Jn 15:1-5, 7-8

© Creative Ministry Resources 2006



We hope all the teachers, students and families had an amazing school break. May you all settle back nicely into this second term. Learn and grow in confidence!

Discipleship  
is a  
**LIFESTYLE**  
filled with  
**RELATIONSHIPS;**  
a life of pouring  
yourself out  
for others.

## MAY, Month of Mary

The month of May, is the "month which the piety of the faithful has especially dedicated to Our Blessed Lady," and it is the occasion for a "moving tribute of faith and love which Catholics in every part of the world to the Queen of Heaven. During this month Christians, both in church and in the privacy of their homes, offer up to Mary from their hearts an especially fervent and loving homage of prayer and veneration. In this month, the benefits of God's mercy come down to us from her throne in greater abundance".

This Christian custom of dedicating the month of May to the Blessed Virgin arose at the end of the 13th century. In this way, the Church was able to Christianise the secular feasts which were to take place at that time. In the 16th century, books appeared and fostered this devotion.

The practice became especially popular among the members of the Jesuit Order. By 1700, it took hold among their students at the Roman College and a bit later it was publicly practised in the Gesu Church in Rome. From there, it spread to the whole Church.



Excerpted from **Enchiridion of Indulgences**  
**Catholic Culture**

# The *Living* Word

## Entrance Antiphon

Psalm 97:1-2

O sing a new song to the Lord, for he has worked wonders; in the sight of the nations he has shown his deliverance, alleluia.

## First Reading

Acts of the Apostles 9:26-31

### A reading from the Acts of the Apostles

*He explained how the Lord appeared to Saul and spoke to him on his journey.*

When Saul got to Jerusalem he tried to join the disciples, but they were all afraid of him: they could not believe he was really a disciple. Barnabas, however, took charge of him, introduced him to the apostles, and explained how the Lord had appeared to Saul and spoken to him on his journey, and how he had preached boldly at Damascus in the name of Jesus. Saul now started to go round with them in Jerusalem, preaching fearlessly in the name of the Lord. But after he had spoken to the Hellenists, and argued with them, they became determined to kill him. When the brothers knew, they took him to Caesarea, and sent him off from there to Tarsus.

The churches throughout Judaea, Galilee and Samaria were now left in peace, building themselves up, living in the fear of the Lord, and filled with the consolation of the Holy Spirit.

### The word of the Lord

## Responsorial Psalm

Ps 21:26-28. 30-32. R. v.26

**(R.) I will praise you, Lord, in the assembly of your people.**

My vows I will pay before those who fear him. The poor shall eat and shall have their fill. They shall praise the Lord, those who seek him. May their hearts live for ever and ever! **(R.)**

All the earth shall remember and return to the Lord, all families of the nations worship before him. They shall worship him, all the mighty of the earth; before him shall bow all who go down to the dust. **(R.)**

And my soul shall live for him, my children serve him. They shall tell of the Lord to generations yet to come, declare his faithfulness to peoples yet unborn: 'These things the Lord has done.' **(R.)**

## Second Reading

1 John 3:18-24

### A reading from the first letter of St John

*His commandments are these: that we believe and that we love one another.*

My children, our love is not to be just words or mere talk, but something real and active; only by this can we be certain that we are the children of the truth and be able to quieten our conscience in his

presence, whatever accusations it may raise against us, because God is greater than our conscience and he knows everything.

My dear people, if we cannot be condemned by our own conscience, we need not be afraid in God's presence, and whatever we ask him, we shall receive, because we keep his commandments and live the kind of life that he wants. His commandments are these: that we believe in the name of his Son Jesus Christ and that we love one another as he told us to. Whoever keeps his commandments lives in God and God lives in him. We know that he lives in us by the Spirit that he has given us.

### The word of the Lord.

## Gospel Acclamation

John 10:14

Alleluia, alleluia!

Live in me and let me live in you, says the Lord; my branches bear much fruit.

Alleluia!

## Gospel

John 15:1-8

### A reading from the holy Gospel according to John

*All who live in me, and I in them, bear much fruit.*

Jesus said to his disciples:

'I am the true vine, and my Father is the vinedresser. Every branch in me that bears no fruit he cuts away, and every branch that does bear fruit he prunes to make it bear even more. You are pruned already, by means of the word that I have spoken to you. Make your home in me, as I make mine in you. As a branch cannot bear fruit all by itself, but must remain part of the vine, neither can you unless you remain in me. I am the vine, you are the branches.

Whoever remains in me, with me in him, bears fruit in plenty; for cut off from me you can do nothing. Anyone who does not remain in me is like a branch that has been thrown away – he withers; these branches are collected and thrown on the fire, and they are burnt. If you remain in me and my words remain in you, you may ask what you will and you shall get it. It is to the glory of my Father that you should bear much fruit, and then you will be my disciples.'

### The Gospel of the Lord

## Communion Antiphon

John 15:1,5

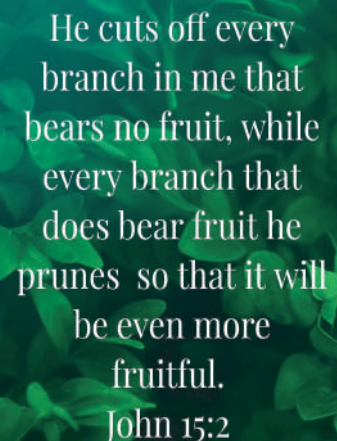
I am the true vine and you are the branches, says the Lord. Whoever remains in me, and I in him, bears fruit in plenty, alleluia.

## REFLECTION

by Dianne Bergant CSA

*Today we reflect on the way salvation brings an ecclesial community into being. This community is joined to Jesus as branches are part of the vine. It is a multi-faceted community, devoted to good works and to prayer. The image of the vine and the branches is an intimate characterisation of the community of believers who share the same divine life. This community thrives on Christ's resurrected life that surges through all of its members. The early church was a multi-ethnic community. It included inhabitants from Jerusalem, Judea, Galilee, Samaria and even Damascus. Some of these people were firmly rooted in Jewish customs, others were more Greek in their culture. It was the fulfilment of the promises made so often in the past, that the saving power of God would reach the whole world. Our own ecclesial community of believers is also multi-ethnic. Where formerly parishes or liturgical assemblies might be made up of people of only one ethnic identity or economic status, today there is much greater diversity and rapid change of character. Like the early Christians, we too are often suspicious of newcomers. In the face of all of this variety, we are called to open our hearts to the various manifestations of God's power and to fashion a community that gives glory to God. Today's readings remind us that we demonstrate our love for God and for each other in the way we live. Joined to Christ as branches are part of the vine, we too are enlivened and thereby bear fruit in abundance.*

© Dianne Bergant CSA



He cuts off every  
branch in me that  
bears no fruit, while  
every branch that  
does bear fruit he  
prunes so that it will  
be even more  
fruitful.  
John 15:2

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